

FOR IMMEDIATE RELEASE

Chabad Lifeline Announces the Addition of Mike Abravanel PhD. to Its Clinical Team



Montreal, QC, July 3, 2024 -- Chabad Lifeline, a leading non-sectarian agency committed to helping individuals, youth and families affected by addiction, is excited to announce the addition of Mike Abravanel, PhD. to its clinical team.

The hiring represents the first organization's first major investment made possible by the record success of its annual matching donation campaign in June. Abravanel is an addictions counsellor specializing in individual coaching and group facilitation.

Abravanel brings sterling qualifications to Lifeline's multidisciplinary team of counsellors, with a Doctorate in Coaching from Concordia University, and a master's degree in human systems Intervention. As a university lecturer Michael has taught courses on interpersonal communication and relationships, as well as interventions in small groups. In addition, he has considerable experience working as part of a clinical team at a residential addiction program.

Lifeline Director Rabbi Benyamin Bresinger had this to say about Abravanel's hiring: "Mike's experience, education, and character make him an ideal fit for our organization. We believe he will be a major asset to our

mission of offering the best possible care to everyone touched by addiction, particularly families torn apart by its impact on mental health.”

The organization has expanded its staff to a current team of 20 in order to enact its Comprehensive Family Care program, which aims to offer free and immediate care to every member of a client’s family. Adding Abravanel’s expertise in addiction and human systems intervention is a significant step toward making this vision a reality.

For more information on the Lifeline’s team and services, please contact:

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About Chabad Lifeline: Chabad Lifeline is a non-sectarian agency dedicated to helping everyone affected by addiction. We offer a full range of treatment options and comprehensive youth at-risk programs. People suffering from substance and behavioural addictions and their family members are guided through the process of healing and recovery, with a special focus on supporting youth suffering the mental health consequences of addiction in the home.

Everyone can access Lifeline's services immediately and free of charge.